

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Pick up your independent Activity Booklets!</p> <p>10:00am Chapel Service with Pastor Mike - C</p> <p>2:00pm Wellington 4H Square Dancing Performance - CC</p> <p>2:45pm Afternoon Tea - TR</p> 	<p>Ground Hog Day</p> <p>9:00-3:00 Exercise Room Open!</p> <p>9:30am Crosswords (S)-EB</p> <p>11am-12pm Bookmobile</p> <p>1:30pm Creative Arts: Hanging Heart Decoration (MD) - L</p> <p>2:45pm Afternoon Tea - TR</p> <p>3:15pm RC Communion - EB</p> <p>6:30pm Happy Hour & Trivia Night - CF</p> <p>6:30pm Guelph Lawn Bowling Watch & Learn Bowl CC</p>	<p>9:00-3:00 Exercise Room Open!</p> <p>9:30am Exercise Room with Assistance - ER</p> <p>10:30am Valentine Creative Colouring with Kyle - L</p> <p>1:30pm Seated Exercises (S) - ER</p> <p>2:45pm Afternoon Tea - TR</p> <p>3:00pm Bible Study - EB</p>	<p>9:00-3:00 Exercise Room Open!</p> <p>9:15am Word Games- Word Connect - EB</p> <p>10:30am Yoga with Alissa-ER</p> <p>12:00pm Lunch Club with Chef Sherry: Chinese Food (sign up)- CF</p> <p>2:00pm Bingo - EB</p> <p>2:45pm Afternoon Tea - TR</p> <p>3:15pm Sit Knit & Socialize - L</p>	<p>9:00-3:00 Exercise Room Open!</p> <p>9:15am Coffee Time - TR</p> <p>10:00am Rosary Group - EB</p> <p>10:30am Flower Arranging - L</p> <p>1:30pm Moving & Music Exercises - ER</p> <p>2:45pm Afternoon Entertainment- Eric Lunn- M</p> <p>2:45pm Afternoon Tea - TR</p> <p>6:30pm Happy Hour & Bingo - CF</p> <p>6:30pm Guelph Lawn Bowling Watch & Learn Bowl CC</p>	<p>Winter Olympics Opening Ceremonies</p> <p>Team Canada Day- Wear Red/White/Canadian Gear!</p> <p>9:00-3:00 Exercise Room Open!</p> <p>1:30pm Singing Group with Mairead - EB</p> <p>2:45pm Afternoon Tea - TR</p> <p>3:00pm Ukulele Group - EB</p>	<p>9:30am Armchair Travel: Japan - EB</p> <p>1:30pm Seated Exercise - ER</p> <p>2:45pm Afternoon Tea - TR</p> 
<p>10:00am Chapel Service with Pastor Mike - C</p> <p>1:30pm Craft Time! - L</p> <p>2:45pm Afternoon Tea - TR</p>	<p>Celebrating Women & Girls in Science Day!</p> <p>9:00-3:00 Exercise Room Open!</p> <p>10:00am Food Committee - TR</p> <p>1:30pm "Jane" (Goodall) Documentary & Popcorn (MD) - EB</p> <p>2:45pm Afternoon Tea - TR</p> <p>3:15pm RC Communion - EB</p> <p>6:30pm Happy Hour & Trivia Night - CF</p> <p>6:30pm Guelph Lawn Bowling Watch & Learn Bowl CC</p>	<p>National Umbrella Day!</p> <p>9:00-3:00 Exercise Room Open!</p> <p>9:30am Exercise Room with Assistance - ER</p> <p>10:30am Valentine Creative Colouring with Kyle - L</p> <p>1:30pm Seated Exercises (S) - ER</p> <p>2:45pm Afternoon Tea - TR</p> <p>3:00pm Bible Study - EB</p> <p>3:00pm Sunshine Dog Visits - M</p>	<p>9:00-3:00 Exercise Room Open!</p> <p>9:15am Word Games- Word Mining - EB</p> <p>10:00am St Andrew Presbyterian Chapel Service - C</p> <p>10:30am Yoga with Alissa-ER</p> <p>1:30pm Bowling Outing to Splittsville (Sign Up)</p> <p>2:00pm Decadent Chocolate Tasting- TR</p> <p>2:45pm Afternoon Tea - TR</p> <p>3:15pm Sit Knit & Socialize - L</p>	<p>9:00-3:00 Exercise Room Open!</p> <p>9:15am Coffee Time & Chocolate Lovers Dice Game- TR</p> <p>10:00am Rosary Group - EB</p> <p>10:30am Flower Arranging - L</p> <p>1:30pm Moving & Music Exercises - ER</p> <p>2:45pm Afternoon Entertainment with James Skarnikat- M</p> <p>2:45pm Afternoon Tea - TR</p> <p>6:30pm Happy Hour & Bingo - CF</p> <p>6:30pm Guelph Lawn Bowling Watch & Learn Bowl CC</p>	<p>9:00-3:00 Exercise Room Open!</p> <p>10:00am Bell Choir with Mairead - EB</p> <p>1:30pm Seated Exercise(S)-ER</p> <p>2:45pm Afternoon Tea - TR</p> <p>3:00pm Ukulele Group - EB</p>	<p>Happy Valentine's Day!</p> <p>9:15am Balloon Volleyball (MD) - ER</p> <p>2:00pm Valentine's Tea with Students from University of Guelph and entertainment by Brent Stainton - CC</p> <p>2:45pm Afternoon Tea - TR</p>  
<p>Let's get Crafty</p>						

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15 Pick up your independent Activity Booklets! 10:00am Chapel Service with Pastor Mike - C 2:45pm Afternoon Tea - TR	16 Family Day! 9:00-3:00 Exercise Room Open! 9:30am Backward Geography (S)- L 11am-12pm Bookmobile 1:15pm Guelph Storm Outing (Sign Up) 2:45pm Afternoon Tea - TR 3:15pm RC Communion - EB 6:30pm Happy Hour & Trivia Night - CF 6:30pm Guelph Lawn Bowling Watch & Learn Bowl CC	17 Chinese New Year! 9:00-3:00 Exercise Room Open! 9:30am Exercise Room with Assistance - ER 10:00am Trinity United Chapel Service - C 10:30am Valentine Creative Colouring with Kyle - L 2:00pm Resident Town Hall Meeting - EB 2:45pm Afternoon Tea - TR 3:00pm Bible Study - EB 3:00pm Sunshine Dog Visits - M	18 9:00-3:00 Exercise Room Open! 9:15am Crosswords - AR 10:00am Roman Catholic Mass - C 10:30am Yoga with Alissa-ER 2:00pm Accordion with Gary - CC 2:45pm Afternoon Tea - TR	19 9:00-3:00 Exercise Room Open! 9:15am Coffee Time - TR 10:00am Rosary Group - EB 10:30am Flower Arranging - L 1:30pm Moving & Music Exercises - ER 2:00pm Birthday Party with Martin Wall Entertaining - CC 6:30pm Happy Hour & Bingo - CF 6:30pm Guelph Lawn Bowling Watch & Learn Bowl CC	20 9:00-3:00 Exercise Room Open! 1:30pm Singing Group with Mairead - EB 2:45pm Afternoon Tea - TR 3:00pm Ukulele Group - EB	21 9:30am Let's Play UNO!-L 1:30pm Seated Exercise - ER 2:45pm Afternoon Tea - TR
22 10:00am Chapel Service with Pastor Mike - C 1:30pm Judge The Look-EB 2:45pm Afternoon Tea - TR	23 9:00-3:00 Exercise Room Open! 1:30pm Shopping Outing to Giant Tiger (Sign Up) 1:45pm Artful Talk: World's Most Expensive Art (MD) - EB 2:45pm Afternoon Tea - TR 3:15pm RC Communion - EB 6:30pm Happy Hour & Trivia Night - CF 6:30pm Guelph Lawn Bowling Watch & Learn Bowl CC	24 9:00-3:00 Exercise Room Open! 9:30am Exercise Room with Assistance - ER 10:30am Valentine Creative Colouring with Kyle - L 2:00pm Heart & Stroke Presentation with Rebecca Kennedy - CC 2:45pm Afternoon Tea - TR 3:00pm Bible Study - EB 3:00pm Sunshine Dog Visits - M	25 9:00-3:00 Exercise Room Open! 9:15am Word Games- Word Unscramble - EB 10:00am St. George's Chapel Service - C 10:30am Yoga with Alissa-ER 2:00pm Happy Hour with Rob Edlefsen - CC 2:45pm Afternoon Tea - TR	26 9:00-3:00 Exercise Room Open! 9:15am Coffee Time - TR 10:00am Rosary Group - EB 10:30am Flower Arranging - L 1:30pm Moving & Music Exercises - ER 2:45pm Afternoon Entertainment with Michael Kelly Cavan- M 2:45pm Afternoon Tea - TR 6:30pm Happy Hour & Bingo - CF 6:30pm Guelph Lawn Bowling Watch & Learn Bowl CC	27 9:00-3:00 Exercise Room Open! 10:00am Bell Choir with Mairead - EB 1:30pm Seated Exercise(S)-ER 2:30-3:30 Hear Right Canada Hearing Clinic 2:45pm Afternoon Tea - TR 3:00pm Ukulele Group - EB	28 10:00am Creative Arts: "Snowy Landscape" Painting (MD) - L 12:45pm Guelph Little Theatre Outing (Mary Poppins Jr) (Sign Up) 2:45pm Afternoon Tea - TR
						